

Film Setting Sail – Freedom of the Spirit

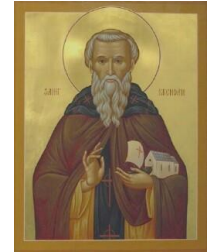
Closing Prayer

Those whom God calls God sends...
Creator and sustainer God,
in Christ we offer ourselves to you as a living sacrifice.
Send us out in the power of the Spirit
to live and work to your praise and glory. Amen



Set Sail!

*A ship is safest in port,
but that's not what ships were made for.
Paulo Coelho*



Introduction BRENDAN THE NAVIGATOR

Film Brendan the Navigator

Prayer of Sir Francis Drake (said together)

*Disturb us, Lord, when we are too well pleased with ourselves.
When our dreams have come true because we have dreamed too little,
When we arrived safely, because we sailed too close to the shore.*

*Disturb us, Lord, when with the abundance of things we possess
We have lost our thirst for the waters of life;
Having fallen in love with life, we have ceased to dream of eternity
And in our efforts to build a new earth,
We have allowed our vision of the new Heaven to dim.*

*Disturb us, Lord, to dare more boldly, to venture on wider seas
Where storms will show your mastery;
Where losing sight of land, we shall find the stars.
We ask You to push back the horizons of our hopes;
And to push into the future in strength, courage, hope, and love. Amen.*

Song Abba Father, let me be Yours and Yours alone.
May my will forever be ever more Your own.
Never let my heart grow cold, never let me go.
Abba Father, let me be Yours and Yours alone.

Media Deep Calls to Deep (A Meditation on St Brendan)

St. Brendan's Prayer (said together)

*Shall I abandon, O King of mysteries, the soft comforts of home?
Shall I turn my back on my native land,
and turn my face towards the sea?*

*Shall I put myself wholly at your mercy,
without silver, without a horse,
without fame, without honour?*

*Shall I throw myself wholly upon you,
without sword and shield, without food and drink,
without a bed to lie on?*

*Shall I say farewell to my beautiful land, placing myself under your yoke?
Shall I pour out my heart to you,
confessing my manifold sins and begging forgiveness,
tears streaming down my cheeks?*

*Shall I leave the prints of my knees on the sandy beach,
a record of my final prayer in my native land?
Shall I then suffer every kind of wound that the sea can inflict?*

*Shall I take my tiny boat across the wide sparkling ocean?
O King of the Glorious Heaven, shall I go of my own choice upon the sea?
O Christ, will you help me on the wild waves?*



Activity

Time of Prayer

(Concluding with this prayer)

As I go I will not refuse any destination for:

Wild blows the wind of the spirit.

As I go I will embrace all that crosses my way, for:

Wild blows the wind of the spirit.

As I go I will open my heart to the good in all creation,
despite my reservations for:

Wild blows the wind of the spirit.

As I go I will hold close to your Word and give all to you for

Wild blows the wind of the spirit.

As I go I will not be bound by my weaknesses nor limited
by my strengths for:

Wild blows the wind of the spirit.

As I go I will see each struggle as a place of learning,

And welcome any companion who wishes to journey with me, for:

Wild blows the wind of the spirit.

As I go I will not be tempted to predict or plan for outcomes,
I will relish all of the surprises, for:

Wild blows the wind of the spirit.

As I go I will take the greatest risks possible, for:

Wild blows the wind of the spirit.

The Divine is not my destination on this journey,

For the Christ travels with me, guides me, sustains me, and lifts me.

You, Lord, are the journey itself. Across the face of this planet

Wild blows the wind of the spirit.

